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Lend a hand to Zonta for a worthy cause

ZONTA Club Port Macquarie celebrates IWD come join us and Lend a Hand International Women's Day in 2016 is Tuesday March 8th, the one day of the year when people around the world come together across physical and cultural divides to celebrate the rights of women and girls.

For the second year in a row the Zonta Club of Port Macquarie is marking IWD with a luncheon raising awareness of the plight of woman around the world, and making a difference by assembling clean birthing kits . Zonta is excited to have specialist Gynaecologist & Obstetrician, Dr Ray Hodgson as guest speaker .

Ray is the founder of Australians for Women's Health (A4WH), a charitable foundation aiming to reduce maternal mortality and morbidity in developing countries, by providing advanced gynaecological surgery to women in remote areas.

In 2016, Zonta Club members have challenged themselves to assemble 1400 clean birthing kits , 40% more than assembled in 2015.

These simple birthing kits have been proven to help dramatically reduce the rates of infection and death during homebirths in remote, disadvantaged communities.

To reach this goal the club hopes to raise \$4200 to pay for the contents and transport of the kits to remote destinations in Asia, Africa and the Pacific.

Last years event was a great success, with all ages enjoying getting together to help make a tangible difference in the lives of those less fortunate.

The community and local businesses were incredibly generous in supporting this event last year.

We would like to acknowledge our amazing local sponsors: KFC, StatePlus, Port Macquarie Private Hospital, RSL Lifecare and Khodary Discount Pharmacies.

All community members are invited to join us and lend a hand .

The event will be held at the Tacking Point Surf Club Macquarie from 10am to 3pm on Sunday 6th March 2016.

Tickets are \$20p/h or \$10 for children and will include a light lunch. Email portmacquarie@zontadistrict24.org , or contact Charlotte on 0419992362 for tickets and donations.

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